

Bearing Life's Burdens *Galatians 6:2-5*



It is the Fate of All People to Face Burdens

- **Galatians 6:2-5** - 2 Bear one another's burdens, and so fulfill the law of Christ. 3 For if anyone thinks himself to be something, when he is nothing, he deceives himself. 4 But let each one examine his own work, and then he will have rejoicing in himself alone, and not in another. 5 For each one shall bear his own load.
- **Psalms 55:22** - Cast your burden on the Lord, And He shall sustain you; He shall never permit the righteous to be moved.

3 Things the Bible Teaches Us to do With Our Burdens

1. **Galatians 6:5** – “Every man shall bear his own burden.” (**Self-Assistance**)
2. **Galatians 6:2** – “Bear one another’s burdens.” (**Mutual Assistance**)
3. **Psalms 55:22** – “Cast your burden on the Lord.” (**Divine Assistance**)

No One Can Appear at the Judgment Seat and Answer for You

- **2 Corinthians 5:10** - 10 For we must all appear before the judgment seat of Christ, that each one may receive the things done in the body, according to what he has done, whether good or bad.
- **Romans 14:12** - 12 So then each of us shall give account of himself to God.

You Can not Hide Behind Others to Avoid Responsibility

- **Psalm 33:13** - The Lord looks from heaven; He sees all the sons of men.
- **Hebrews 4:13** - 13 And there is no creature hidden from His sight, but all things are naked and open to the eyes of Him to whom we must give account.

Bear One Another's Burdens (Mutual Assistance)

- **Philippians 2:4** - 4 Let each of you look out not only for his own interests, but also for the interests of others.
- **Galatians 6:1** - Brethren, if a man is overtaken in any trespass, you who are spiritual restore such a one in a spirit of gentleness, considering yourself lest you also be tempted.

The Burden of Sorrow

- **Romans 12:15** - 15 Rejoice with those who rejoice, and weep with those who weep.
- **1 Corinthians 12:26** - 26 And if one member suffers, all the members suffer with it; or if one member is honored, all the members rejoice with it.

The Burden of the Need for Material Things

- **James 1:27** - 27 Pure and undefiled religion before God and the Father is this: to visit orphans and widows in their trouble, and to keep oneself unspotted from the world.
- **James 2:15-16** - 15 If a brother or sister is naked and destitute of daily food, 16 and one of you says to them, “Depart in peace, be warmed and filled,” but you do not give them the things which are needed for the body, what does it profit?

The Burden of Sin (Bondage)

- **Romans 6:17** - 17 But God be thanked that though you were slaves of sin, yet you obeyed from the heart that form of doctrine to which you were delivered.
- **Hebrews 12:1** - Therefore we also, since we are surrounded by so great a cloud of witnesses, let us lay aside every weight, and the sin which so easily ensnares us, and let us run with endurance the race that is set before us...

The Burden of Sin

How Can We Help Them?

1. **We can help by teaching them the truth. 2 Timothy 2:2** –
“And the things that you have heard from me among many witnesses, commit these to faithful men who will be able to teach others also.”
2. **We can help by warning the unruly. 1 Thessalonians 5:14** –
“Now we exhort you, brethren, warn those who are unruly . . .”
3. **We can help by praying for the lost. Romans 10:1** –
“Brethren, my heart's desire and prayer to God for Israel is that they may be saved.”

The Burden of Leadership

The Elders

1. **Hebrews 13:17** – Obey those who rule over you, and be submissive, for they watch out for your souls, as those who must give account. Let them do so with joy and not with grief, for that would be unprofitable for you.
2. **Acts 14:23** – So when they had appointed elders in every church, and prayed with fasting, they commended them to the Lord in whom they had believed.

The Burden of Leadership

Civil Rulers (Government Officials)

- **1 Timothy 2:1-3** – Therefore I exhort first of all that supplications, prayers, intercessions, and giving of thanks be made for all men, for kings and all who are in authority, that we may lead a quiet and peaceable life in all godliness and reverence. For this is good and acceptable in the sight of God our Savior.

Cast Your Burden on the Lord (Divine Assistance) Psalm 55:22

1. **Psalm 55:22** – Cast your burden on the Lord.
2. **1 Peter 5:7** – Casting all your care upon Him; for He cares for you.
3. **Philippians 4:6** – Be anxious for nothing, but in everything by prayer and supplication, with thanksgiving, let your requests be made known to God.

Cast Your Burden on the Lord (Divine Assistance)

God will do one of two things:

1. He will remove the burden.
 2. He will give you a special measure of His strength to bear it.
- Paul's Thorn – 2 Corinthians 12:7-10