

A heart shape is formed by five hands of different skin tones (light, dark, and medium) reaching in from the edges of the frame. The hands are positioned to create a heart outline, with the fingers pointing towards the center. The background is a solid light pink color. The text "One Body Many Parts" is centered within the heart shape.

**One Body  
Many Parts**

**Romans 12:3-8**

# One Body Many Members

- **1 Corinthians 12:12-13** - <sup>12</sup> For just as the body is one and has many members, and all the members of the body, though many, are one body, so it is with Christ. <sup>13</sup> For in one Spirit we were all baptized into one body—Jews or Greeks, slaves or free—and all were made to drink of one Spirit.





I have been Crucified with Christ.

It is no longer I who live, but  
Christ Who lives in me. And the life

I now live in the flesh

I live by faith in the

**Son of God**

Who loved me

and gave

Himself

for me

Galatians 2:20

Knowing-Jesus.com



You are the **strength**  
That keeps me walking

You are the **hope**  
That keeps me trusting

You are the **life**

To my soul

You are my **purpose**

*Jesus, You're everything*



# Spiritual Growth Check List

- **Colossians 2:6-7** - Therefore, as you received Christ Jesus the Lord, so walk in him, <sup>7</sup> rooted and built up in him and established in the faith, just as you were taught, abounding in thanksgiving.

# Spiritual Discipline, Integrity, and Growth of Myself

- **1 Corinthians 13:11-12** - When I was a child, I spoke like a child, I thought like a child, I reasoned like a child. When I became a man, I gave up childish ways. <sup>12</sup> For now we see in a mirror dimly, but then face to face. Now I know in part; then I shall know fully, even as I have been fully known.
- **2 Peter 1:5-8** - For this very reason, make every effort to supplement your faith with virtue, and virtue with knowledge, <sup>6</sup> and knowledge with self-control, and self-control with steadfastness, and steadfastness with godliness, <sup>7</sup> and godliness with brotherly affection, and brotherly affection with love. <sup>8</sup> For if these qualities<sup>[f]</sup> are yours and are increasing, they keep you from being ineffective or unfruitful in the knowledge of our Lord Jesus Christ.

# Spiritual Discipline, Integrity, and Growth of My Family

- **Deuteronomy 6:6-7** - And these words that I command you today shall be on your heart. <sup>7</sup> You shall teach them diligently to your children, and shall talk of them when you sit in your house, and when you walk by the way, and when you lie down, and when you rise.
- **Ephesians 5:22-23** - Wives, submit to your own husbands, as to the Lord. <sup>23</sup> For the husband is the head of the wife even as Christ is the head of the church, his body, and is himself its Savior.
- **Ephesians 5:25** - Husbands, love your wives, as Christ loved the church and gave himself up for her
- **Ephesians 5:28** - In the same way husbands should love their wives as their own bodies. He who loves his wife loves himself.

# Spiritual Discipline, Integrity, and Growth in My Service to God

- **Philippians 2:14-15** - Do all things without grumbling or disputing, <sup>15</sup> that you may be blameless and innocent, children of God without blemish in the midst of a crooked and twisted generation, among whom you shine as lights in the world
- **Matthew 6:24** - “No one can serve two masters, for either he will hate the one and love the other, or he will be devoted to the one and despise the other. You cannot serve God and money.
- **John 12:26** - If anyone serves me, he must follow me; and where I am, there will my servant be also. If anyone serves me, the Father will honor him.



# Spiritual Discipline, Integrity, and Growth in My Work

- **Colossians 3:23-24** - Whatever you do, work heartily, as for the Lord and not for men, knowing that from the Lord you will receive the inheritance as your reward. You are serving the Lord Christ.

# Member Involvement Survey

- **1 Peter 4:10-11** - As each has received a gift, use it to serve one another, as good stewards of God's varied grace: whoever speaks, as one who speaks oracles of God; whoever serves, as one who serves by the strength that God supplies—in order that in everything God may be glorified through Jesus Christ. To him belong glory and dominion forever and ever. Amen.
- **Hebrews 6:10** - For God is not unjust so as to overlook your work and the love that you have shown for his name in serving the saints, as you still do.
- **Philippians 2:4** - Let each of you look not only to his own interests, but also to the interests of others.

# One Body Many Parts

- **Romans 12:3-8** - For by the grace given to me I say to everyone among you not to think of himself more highly than he ought to think, but to think with sober judgment, each according to the measure of faith that God has assigned. <sup>4</sup> For as in one body we have many members,<sup>[e]</sup> and the members do not all have the same function, <sup>5</sup> so we, though many, are one body in Christ, and individually members one of another. <sup>6</sup> Having gifts that differ according to the grace given to us, let us use them: if prophecy, in proportion to our faith; <sup>7</sup> if service, in our serving; the one who teaches, in his teaching; <sup>8</sup> the one who exhorts, in his exhortation; the one who contributes, in generosity; the one who leads,<sup>[f]</sup> with zeal; the one who does acts of mercy, with cheerfulness.

# Our Example for the Oakland Community

- **John 13:34-35** - A new commandment I give to you, that you love one another: just as I have loved you, you also are to love one another. <sup>35</sup> By this all people will know that you are my disciples, if you have love for one another.
- **Ephesians 4:13-16** - Rather, speaking the truth in love, we are to grow up in every way into him who is the head, into Christ, <sup>16</sup> from whom the whole body, joined and held together by every joint with which it is equipped, when each part is working properly, makes the body grow so that it builds itself up in love.



IN THE BOOK OF MARK.  
JESUS HEALED A  
PARALYZED MAN BECAUSE  
OF HIS FRIENDS FAITH.  
THIS IS WHY YOUR CIRCLE  
MATTERS.



GRANDMA  
SAYS **THIS** IS  
WHERE OUR RELIGION  
BEGINS--WHEN WE  
COME OUT OF  
CHURCH.