

The Great Physician

Mark 2:17





**The Need for a
Focus on
Total
Healthcare**

Coping With Illness

- Mark 2:17

17 And when Jesus heard it, he said to them, “Those who are well have no need of a physician, but those who are sick. I came not to call the righteous, but sinners.”

Coping With Physical Illness

- God is very much aware of physical illness among his creation.
- Jesus' earthly ministry caused Him to heal all manners of sickness and disease among the people.
- Matthew 4:23

23 And he went throughout all Galilee, teaching in their synagogues and proclaiming the gospel of the kingdom and healing every disease and every affliction among the people.

2 Types of Physical Illness

- **There is the physical illness that we can change**
- **There is physical illness we can not change**
- Sometimes there are things the doctor can not remove from us
- In 2 Corinthians 12:7-10, Paul spoke of his thorn in the flesh.
 - a. Three times he prayed to god to remove it.
 - b. In stead of removing it, God gave him sufficient grace to bear it.
 - c. Paul learned to use his suffering as a means to bring honor and glory to God.

Coping With Mental Illness

- A Biblical example of mental and spiritual illness is seen in King Saul
- Saul's pride and ego led to:
 - a. Hatred,
 - b. Jealously
 - c. Fear
 - d. And finally, death

Coping With Mental Illness

- King Saul

- 1 Samuel 16:22-23

22 And Saul sent to Jesse, saying, “Let David remain in my service, for he has found favor in my sight.” 23 And whenever the harmful spirit from God was upon Saul, David took the lyre and played it with his hand. So Saul was refreshed and was well, and the harmful spirit departed from him.

Coping With Mental Illness

- Mental Health Effects Spiritual Health
- Proverbs 4:23

23 Keep your heart with all vigilance,
for from it flow the springs of life.

Coping With Mental Illness

- Mixing hatred with hurt and seeking revenge can only make us worse than the person who hurt us.

- Ephesians 4:31

31 Let all bitterness and wrath and anger and clamor and slander be put away from you, along with all malice.

- Romans 12:19

19 Beloved, never avenge yourselves, but leave it to the wrath of God, for it is written, “Vengeance is mine, I will repay, says the Lord.”

“The devil is not motivating us to quit but he is intent on stealing our dreams. If he can steal your dreams, he will steal your future.”

Coping With Spiritual Illness

Works of the Flesh vs. Fruit of the Spirit

- Works of the Flesh
- Galatians 5:19-21

19 Now the works of the flesh are evident: sexual immorality, impurity, sensuality, 20 idolatry, sorcery, enmity, strife, jealousy, fits of anger, rivalries, dissensions, divisions, 21 envy, drunkenness, orgies, and things like these. I warn you, as I warned you before, that those who do such things will not inherit the kingdom of God.

Coping With Spiritual Illness

Works of the Flesh vs. Fruit of the Spirit

- Fruit of the Spirit
- Galatians 5:22-24

22 But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, 23 gentleness, self-control; against such things there is no law. 24 And those who belong to Christ Jesus have crucified the flesh with its passions and desires.

Coping With Spiritual Illness

- The church at Laodicea was spiritually sick
- Revelation 3:16

16 So, because you are lukewarm, and neither hot nor cold, I will spit you out of my mouth.

- Confession of Sins
- James 5:16(a)

16 Therefore, confess your sins to one another and pray for one another, that you may be healed.

Coping With Spiritual Illness

- The Spiritually Sick Need Christ
- Matthew 9:12(b)-13(b)

“Those who are well have no need of a physician, but those who are sick.”

“For I came not to call the righteous, but sinners.”

God of Comfort and Father of Mercies

- God is the God of all comfort and the Father of all mercies
- 2 Corinthians 1:3-4

3 Blessed be the God and Father of our Lord Jesus Christ, the Father of mercies and God of all comfort, 4 who comforts us in all our affliction, so that we may be able to comfort those who are in any affliction, with the comfort with which we ourselves are comforted by God.



We can not help others if we do not first take care of ourselves.

Selfcare = Love for Others